

# Changes to the Approved Food Booklet 2022-2023 Effective October 1, 2022

## Cheese

### Added:

- Shredded, sliced, cubed, and stick or string cheese

## Eggs

### Added:

- Cage free and brown eggs

## Cold Cereal

### Added:

- Grain Berry Cereal – Original Toasted Oats, Apple Cinnamon Toasted Oats, Bran Flakes, Cinnamon Frosted Shredded Wheat



- Honey Bunches of Oats – Cinnamon Bunches



### Removed:

- Kellogg's Kashi Hearts & O's – Honey Toasted, Warm Cinnamon



## Hot Cereal

### Added:

- Quaker – Instant Oatmeal, Instant Grits (Original, Butter, Cheddar Cheese, Country Bacon, Variety)
- 9.8 oz size now allowed for Quaker



## Peanut Butter

### Added:

- Smuckers, Peter Pan




## Chunk Light Tuna or Jack Mackerel

### Added:

- 5 oz pouches
- May include bones or skin
- Regular or lower sodium
- May include flavorings (lemon, herbs, broth)

## Infant Cereal

### Added:

- Beechnut – Corn 

## Infant Fruits and Vegetables

### Added:

- Gerber – Organic 
- Beechnut – Organic 
- Tippy Toes – Organic 
- O Organics 
- Earth's Best Organic 
- Simple Truth Organic 
- Happy Baby Organics 

## Infant Meats

### Added:

- Earth's Best Organic 

## Whole Grain Bread

### Removed:

- Nature's Own – 100% Whole Wheat with Honey 

## Tortillas




### Added:

- Guerrero – Whole Wheat




## Yogurt – Reduced Fat/Low-Fat/Non-Fat

### Added:

- Pouches and tubes
- LaLa 
- Yoplait Go-Gurt 
- Liberte 

## Yogurt – Whole Fat

### Added:

- Liberte 

## Juice 12 oz Frozen Juice Concentrate (Women)

### Added:

- Langers – Winter Blend, Spring Blend, Summer Blend, Autumn Blend, Pineapple, Grape, Apple, Orange Juice



### Removed:

- Old Orchard – Pineapple Orange Banana, Black Cherry Cranberry



## Juice 64 oz (Children)

### Added:

- Apple & Eve – Elmo & Abby Mango 
- Welch's – Orange Pineapple & Apple 
- Great Value – Pear 
- Freedom's Choice – Grape 
- Tree Top – Apple, Apple Berry, Apple Cranberry, Apple Grape, Pineapple Orange 

### Removed:

- Food Club – Cranberry, Cranberry Raspberry, Grapefruit

