



Opsyon pou Manje Ayisyen

WIC ofri anpil kalite manje diferan! Ou ka sèvi ak avantaj WIC ou a pou w achte manje ke oumenm ak fanmi w abitye manje, oswa pou eseye nouvo manje! Pandan randevou w la ak WIC, mande nitrisyonis WIC ou a revize [gid manje](#) konplè WIC la pou plis opsyon ak enfòmasyon.

Fwi ak Legim



Anana



Zaboka



Manyòk



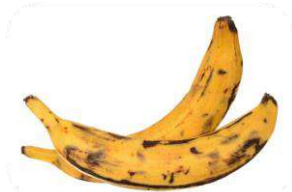
Pwawo



Patat
dous



Militon



Bannann



Papay

Aksepte:

- Fre oswa glase
- Antye, koupe, nan sachè, oswa anbale
- Òganik oswa ki pa-òganik

Sereyal Konplè



Diri jòn

Lòt opsyon:
espageti ble
konplè, pen
konplè, avwàn

Sereyal



Mayi
Moul
en

Pwa



Pwa wouj



Pwa chich



Pwa nwa



Pwa blan

Opsyon: pwa sèch oswa pwa nan bwat, pwa plat, oswa pwa Frans

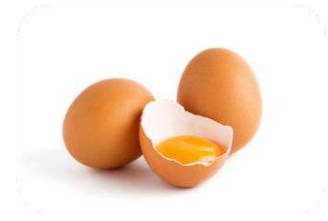
Pwodui Letye



Lèt Evapore



Lèt



Ze

Lèt opsyon:

- Fwomaj – American, Colby, Cheddar, Monterey Jack, Mozzarella, Muenster
- Yogout
- Tofu